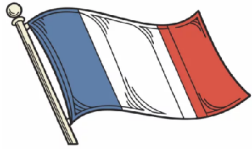




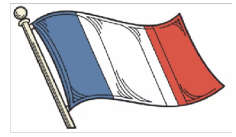
Trigger's Le Bash 2026



Friday May 22nd to Monday 25th May



Le Bash 2026 a cycle tour taking in four of the five D-Day landing sites. Based around Caen follow me or make your own itinerary. Good riding, good food, some beer?, but mostly great company!



Itinerary:

Day 1 23km (14miles) Ouistreham to Caen

Day 2 85km* (52miles) Point du Hoc

Day 3 80km* (49miles) Arromanches

Day 4 35km (22 miles) Caen to Ouistum via Sword beach

*These days (days 2 and 3) getting a train to Bayeux will take 50km (31 miles) off the distance!

Travel:

Brittany Ferries

Out- Portsmouth 0800 (arr. 1500
Ouistreham)

Return- Ouistreham 1600 (arr. 2130
Portsmouth)



Accommodation:

IBIS Caen Porte de Bretagne



Vive la France!